

# Remind Elderly to Wear a Surgical Mask Properly



1



Perform hand hygiene before wearing a mask

The coloured side / the side with folds facing downwards should face outwards with the metallic strip uppermost

2



3



Extend the mask to fully cover the mouth, nose and chin

Mould the metallic strip over nose bridge. The mask should fit snugly over the face

4



5



Avoid touching the mask afterwards

